

# Adaptive Sports Connection Sailing Program

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## LINKS TO ADDITIONAL SAILING INFORMATION RESOURCES

In addition to the information found in the Training and Resources section under Volunteers on the Adaptive Sports website here are links to information written by other people and organizations. YouTube may have videos about various aspects of sailing that you might find useful.

### The Catalina Capri 14.2 and sailing in general

This link contains rigging information written by the UCLA sailing center about the Catalina Capri 14.2 ASC owns. It contains a lot of good well-illustrated information about sailing in general, sailboat parts, and right-of-way rules. Note, some of the information is specific to their location and/or situation.

URL: <http://marinaaquaticcenter.org/PDFs/manuallarge.pdf>

### The Hobie Wave catamaran and some general sailing information

This link contains setup and rigging information about the Hobie Wave catamaran ASC owns. It also contains some general information about sailing. Note, our Hobie Wave has the Classic Wave crossbars.

URL: [https://static.hobiecat.com/digital\\_assets/wavemanual.pdf?\\_ga=2.163272828.1139044763.1558215631-996916619.1558094836](https://static.hobiecat.com/digital_assets/wavemanual.pdf?_ga=2.163272828.1139044763.1558215631-996916619.1558094836)

### Adaptive sailing information

An Adaptive Sailing Resource Manual has been written by US Sailing and the second edition is available as a free download. You do have to fill in some information to request the free download but once you do you will quickly be given a link for the actual download. Although some of the manual is geared towards larger sailboats, some where they can even place a wheelchair onboard instead of transferring a participant out of a wheelchair, there are still many things applicable to our participants and sailboats.

URL: <https://www.ussailing.org/education/adult/adaptive-sailing/resource-manual/>

### Ohio Boating Laws and Guide

Both the skipper and the crew need to know the laws relevant to the boat they are sailing/operating. In addition to boating laws, rules, and guidelines, the Ohio Boat Operators Guide contains safety and other practical information.

URL: <http://watercraft.ohiodnr.gov/portals/watercraft/pdfs/laws/OperatorsGuide.pdf>

If you come across websites that have good information about sailing in general, adaptive sailing, or the sailboats that Adaptive Sports Connection owns, feel free to pass the links and websites along to Adaptive Sports for consideration to be included on this list.

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**Unleash the Power of Volunteering** – Make a Difference in the Lives of Adults, Children, and Veterans with Disabilities. [Learn more at AdaptiveSportsConnection.org](http://AdaptiveSportsConnection.org)



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